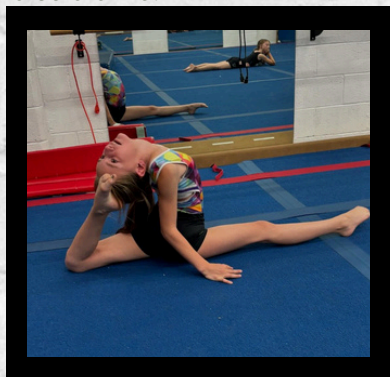


KIPS GYMNASTICS



Competitive Team

Team has been working hard towards their Banana Splits Party. Each time the gymnasts develop a new “type” of splits they get an item closer to their banana split bowl. So, your first skill you get a spoon, and then a bowl, and then a banana and so on and so forth! Ava ended up winning and made a giant banana split ice cream bowl! There were also several teammates that were right behind her, Rylinn was a close second and then Bella, Rylie, and Bailey tied for third! They had so much fun and so did we!



Active Einsteins

September brought so many new smiles to our classroom! We spent the first month of class getting to know each other and our busy routine. We also learned all about the letter A as we welcomed Autumn! We compared the inside of red and green apples with a painting project and counting apple seeds, then compared the outside with a fun game of apple bowling.

MEET MELODY

*Team Coach &
Occasional Rec Sub*



Melody started here at Kips again fall session!! She used to work here years ago! She said it's fun to see gymnasts that she coached as toddlers and preschoolers still enjoying gymnastics. She is training and refreshing her knowledge with the Silver Team, and she is also an occasional Rec Sub. Make sure to say HI!

Her life outside of the gym consists of homeschooling her children and taking care of her family! In particular, she loves to cook, bake, and read!

Her favorite part of coaching? For her personally- She loves getting creative and finding fun ways to build strength and skills. For the gymnasts- their excitement when they reach a new personal milestone.

We love having her at KIPS!



Gymnasts Programs

The start of fall session has been a blast! We are learning so much in our classes, focusing right now on levers and handstands, as well as bridges, candlesticks, and the splits! We're so stoked to watch our gymnasts master the basics of gymnastics and continue onto tougher skills. We have already had gymnasts move to higher difficulty classes and we are so excited for them!



Highlights

This month has been so wonderful to see so many new faces in our gym for the start of fall! We're so glad as well, that so many of our gymnasts have returned!

We also have many available Birthdays! You can check our calendar online or reach out to us and inquire about having your child's birthday here at KIPS!



Upcoming Events

Bring a Friend Day!

October 31st (aka Halloween) we are having a bring a friend day! Enrolled gymnasts can bring 1 friend for \$5, and they can attend class with them! We are encouraging gymnasts to dress up if they want to! Please make sure they are still able to move freely in their costumes!



SUPERSTARS OF THE MONTH



Active Einsteins:
Kamryn



Pre-k:
Flora

Girls Rec:
Karlee



Boys Rec
Augustus



Adv. Rec
Aisley

